

**FOR THE WELFARE OF THE
MENTALLY RETARDED PERSONS IN INDIA**

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MANOVIKAS NAGAR, SECUNDERABAD - 500 009

**DIRECTORY OF PARENT ASSOCIATIONS(Regd.)
WORKING FOR THE WELFARE OF THE
MENTALLY RETARDED PERSONS IN INDIA**

Edited & Compiled

By

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NATIONAL INSTITUTE FOR THE MENTALLY HANDICAPPED

Manovikasnagar, Secunderabad - 500 009.

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Directory of Parent Associations Working for the Welfare of the Mentally Handicapped Persons in India.

Edited & Compiled by: Dr.Reeta Peshawaria
Dr.D.K.Menon & S.H.K.Reddy

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FOREWORD

Importance of involvement of parents in the care, management, habilitation and training of persons with mental retardation has been well documented over the past two decades. From the beginning of 1980's our country has seen the emergence of parent organisations and associations. Typically most of these parent organisations have gone beyond parent to parent services and have established facilities for training and habitation of their children with mental retardation.

Ever since its establishment, NIMH has promoted family oriented services ranging from home-based training to establishment of parent cooperatives and associations. The Institute has consistently worked in the areas of

- (a) strengthening families,*
- (b) promotion of various forms of social security measures,*
- (c) concern for human rights of persons with mental retardation,*
- (d) promotion of vocational training and employment of persons with mental retardation and*
- (e) development of audio-visual and printed material for enhancing the knowledge and skills of parents and significant family members.*

Most parent organisations offer wide ranging services to its members. In order to promote sharing of information amongst various parent organisations and other parents who could follow similar examples, the

Institute has brought out directory listing the basic data about the registered parent organisations.

It is hoped that the information given is useful for wide variety of readers. In order to update the information the parent groups are requested to regularly send information to NIMH about new and upcoming activities in the existing parent organisations as well as about newly established parent organisations.

7th July, 1994.

**D.K.MENON
DIRECTOR, NIMH**

PREFACE

Parents of mentally retarded children play a significant role in initiating, promoting and supporting rehabilitation services for the mentally retarded individuals and the families. Parents of mentally retarded children decided to join hands and come together for various reasons in different parts of the world. What has been observed and understood is, that, parental involvement has possibly direct relevance to the quantity and quality of service provision for the mentally retarded individuals

The impetus of parents forming pressure groups and organisations is relatively recent in our country. In India the first ever registered parent organisation for the welfare of the mentally retarded individuals in India was formed as per the records available in the year 1968 at Ahmedabad. After a relatively quiet period for nearly one decade, another parent organisation emerged in Bangalore, Karnataka in the year 1978. As per the current records there are 37 registered parent organisations working in 14 states for the welfare of the mentally handicapped individuals and their families. During the last 5 years nearly 4 to 5 parent organisations are being added almost every year. It has been seen that parents tend to come together to form an association either by realising the need on their own or by modeling after another existing parent organisation or as a result of counselling provided by the professionals working in the field.

In India, Parent associations are conducting various kinds of activities. Details of which regarding each parent organisation is enclosed in this directory. To summarise: the different areas parents are actively involved in is as follows :

- 1. Establishing or running various services for the mentally retarded individuals and their families such as : managing and running special schools, vocational training centres and production units organising leisure activities and camps, sharing information with other parents,*

providing support to parents and families having mentally retarded children and establishing better parent professional relationship.

2. *Supporting professionals to further the interests of the mentally retarded individuals and their families such as: Participating in the intervention and training programmes of mentally retarded children, providing information about the mentally retarded child and needs of various other members of the family.*
3. *Establishing links with the community by running public awareness programmes using different media and involving interested persons in the welfare and rehabilitation programmes.*
4. *Acting as advocates and participating in the policy making and decisions at various levels, local, state, national or international related to welfare and rehabilitation programmes for the mentally retarded individuals and then families.*

To bring meaning and appropriateness to the service for the mentally retarded children and their families, it is important that parents involve more and more and work in close partnership with the professionals. To foster this aim and help parents and professionals update themselves regarding where, what and how parents are involving themselves in various rehabilitation programmes, this directory has been compiled.

The information contained in this directory has been collected over a period of about 10 years and updated recently. It is hoped that the directory serves the useful purpose in sharing awareness and information.

Date : 7th July, 1994

DR. REETA PESHWARIA
Lecturer in Clinical Psychology

ACKNOWLEDGEMENTS

The presence of a mentally retarded child with in a family unit affects all other family members, however, awareness about basic skills and techniques in handling such children reduces psychological and physical burden on the family to a great extent. The needs and problems of the family with a retarded child are many. They mainly require information about a) their child's development and capabilities b) techniques for teaching appropriate behaviours c) family relationships and parenting skills d) how best the practical experience in rearing up mentally retarded children can be shared among parents.

The purpose of this compilation is to introduce the parents and parent organisations about other similar agencies working for the welfare of the mentally retarded persons in the country. Through this document, it is our endeavour to bring the parent organisations more closer in order to understand each others problems and share their experiences in handling children with mental retardation in the family.

This compilation attempts to document information of only registered parent organisations. The directory included detailed information of 37 organisations and addresses of the remaining 6 organisations particulars of which have not been furnished, are listed on pages 77 & 78. The format was so designed to solicit basic information about the organisations and their activities/programmes and the proforma was mailed to all known parent organisations in the country.

Repeated reminders through telegrams, speedpost were sent to the parent organisations, to collect and update the information. Despite our efforts, a few have not responded. We appeal them to provide us with current information about their activities/programmes from time to time.

The data as presented by the parent organisations has been retained without much modifications as far as possible except minor editing here and there in the construction of sentences. It was done intentionally and consciously in order to facilitate parent organisations to express the activities/programmes in their own style.

Completion of this work reflects the efforts of many people. Therefore, it is our primary responsibility to express deep sense of gratitude to all the parent organisations who have promptly responded to our request and provided the required information.

We are also extremely thankful to all our colleagues and other professionals who initiated and helped the parents in forming associations and facilitated in bridging contacts with such parent groups.

Our thanks are due to Mr. Shankar Kumar for expertly typing the manuscript and to Mr. Ravi Kumar for formatting each record and printing it neatly on DTP.

It is hoped that this document will provide useful information to the parent organisations in promoting further fruitful interactions among themselves.

Lastly, our sincere thanks are due to Mr. P. Bhim Shanker of Sree Ramana Process, Secunderabad for printing this document elegantly and aesthetically with short notice.

**S.H.K.REDDY
INFORMATION AND
DOCUMENTATION OFFICER**

ANDHRA PRADESH

Name & Address of the Organisation	: AAKANKSHA Centre for S.C.Railway Employee's Mentally Handicapped Children S.C.Railway S&T Workshop Mettuguda, Secunderabad-17.
Date of Estt	: 1992
Regn.No.	: 113/92
Membership categories	: Open to all Railway employees serving and retired who have mentally handicapped children.
No.of existing members	: 76
(a) Parent Members	: 76
(b) Others	: Nil
Eligibility of membership	: Open to all Railway employees serving and retired who have mentally handicapped children.

Alms & Objectives

1. To provide Care, training, treatment and rehabilitation of persons with mental handicap
2. To help as a spokesman of the mentally handicapped children.
3. To provide education and guidance for children of lower age group so as to enable them to acquire skills of every day living.
4. To impart the required vocational training to the adult MR persons to enable them to produce some marketable items collectively and provide a source of income thus becoming less dependent on their parents.

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Present Activities & Programmes

1. Special school for children below 15 years
2. Vocational, Training cum production involving manufacture of Card-board office files, envelopes, phenyl etc.

Future plans :

1. To expand the activities to cover all the Railway Divisional Headquarters in Vijayawada, Guntakal and Hubli.
2. To organise residential facilities as a solution to the painful question "What will happen after their parents".
3. To train the girls in cooking, house keeping, tailoring so as to make them useful in their household.
4. To educate those children who are with less mentally handicapped and prepare them in acquiring some academic qualifications. Which in turn will fulfil the deep desire of the children.

ANDHRA PRADESH

Name & Address of the Organisation : DAE Parents Association for the Mentally Handicapped, Moula Ali (QAFT), NFC, Hyderabad-500 762.

Date of Estt : 13.1.1988

Regn.No. : 79/88

Membership categories :

1) Patrons/Promoters

2) Parent/Guardian members

No.of existing members : 20

(a) Parent Members : 20

(b) Others : Nil

Eligibility of membership :

1. Parents/guardian of mentally retarded persons
2. Real brothers/sisters of mentally retarded persons who are atleast 21 years old if proposed by the concerned parent/guardian.
3. Patrons/promoters dedicated to the cause of mentally retarded individuals with the approval of the executive committee.

Aims & Objectives :

1. To provide an opportunity for the parents of mentally retarded persons :
 - a) To educate themselves about the problems of mental handicap/retardation.
 - b) To educate themselves about the problems of mental handicap/retardation.

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- c) To enable them to be catalysts in promoting public awareness in relation to mental retardation.
- d) To enable them to participate in rehabilitation and mainstreaming programmes of mentally retarded persons.
- 2. to explore possibilities of developing social and financial security programmes for mentally retarded persons.
- 3. to coordinate with other Institutions for mentally handicapped Individuals so as to up-date information and explore the resources in community to serve the mentally retarded persons.
- 4. To equip and encourage the mentally retarded persons to promote their talents and enhance their participation in open competitions, welfare programmes, group activities, etc.
- 5. To establish a special-training centre with residential facilities to equip mentally retarded persons in becoming self- reliant.

Present Activities & Programmes

- 1. Special class for mentally retarded individuals in a school for normal children and parent counselling.

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Name & Address of the Organisation	: MANOKALYAN Parents Association for the Welfare of Mentally Handicapped Children, B.N.Reddy Nagar, Vanasthalipuram, Hyderabad.
Date of Estt	: 1992
Regn.No.	: 4265/92
Membership categories	: Patrons, Life members, members
No.of existing members	: 20
(a) Parent Members	: 20
(b) Others	: Nil
Eligibility of membership	: Parents of mentally handicapped children.

Aims & Objectives

1. The association will be a non-profit making voluntary organisation exclusively for the benefit of the mentally handicapped.
2. To bring together the parents of the mentally handicapped under one organised body to work for the care, training, treatment and rehabilitation of the mentally handicapped children of Hyderabad.
3. To develop a scope for interaction and mutual support among the parents of the mentally handicapped children.
4. To help parents to identify resources to be tapped on their own, independently to facilitate managing the mentally handicapped children.
5. To receive grants, donation fees or subscriptions and manage and administer the funds at the disposal of the Association.
6. To organise welfare activities, special vocational centres hostel/residential facilities, medical help, financial aid etc.

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7. To provide comprehensive rehabilitation services.
8. To acquire, to receive and to hold property both movable and immovable connected with the objectives of the association.

**Present Activities,
Programmes & Future
plans**

: Since it is new, we are trying to open a school & Vocational Training Centre.

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Name & Address of the Organisation	: PAMENCAP (MANOVIKAS) H.No.2-8-113 Mukaranpuram Karimnagar-505 030.
Date of Estt	: 1988
Regn.No.	: 2806
Membership categories	: Parent members only
No.of existing members	: 50
Eligibility of membership	: Parents of mentally retarded children

Alms & Objectives :

1. Establish special school with own building and conveyance
2. Home bound programme for mentally retarded children
3. Clinic

Present Activities & Programmes :

PAMENCAP, Karimnagar has started "MANOVIKAS" Special School for mentally retarded in June 1988. Karimnagar District Freedom Fighters Trust has taken over the school from PAMENCAP in the year 1990. Presently PAMENCAP is coordinating with Karimnagar District Freedom Fighters Trust on developing the school. The name of the special school is changed to "Karimnagar District Freedom Fighter Trust's" School for Mentally Handicapped. Four PAMENCAP members are there in the school management committee.

Future plans :

1. House bound programme
2. Arrangement of Insurance coverage for mentally retarded children in Karimnagar.
3. Enrichment of all mentally retarded cases in the district.

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Name & Address of the Organisation : PAMENCAP (Parents Association for the Mentally Handicapped) Plot No.5, Wellington Road, Picket, Secunderabad-500 003.

Date of Estt : 1985

Regn.No. : 583

Membership categories : Pattern members
Life members
Associate members

No.of existing members : 70

(a) Parent members

(b) Others

Eligibility of membership : Parents of mentally retarded persons

Aims & Objectives :

1. To provide special education and pre-vocational vocational training to mentally handicapped persons.
2. To equip the parents with all practical training by involving themselves in all welfare activities aimed at the welfare of mentally retarded
3. To council, interact and promote cooperation in parents to identify and solve problems faced by each parents of each mentally handicapped organisation.
4. To project special needs of the mentally handicapped and their families to the society.
5. To project the special rights to be extended to mentally handicapped and their parents by Government.
6. To help the disabled to be self-sufficient and achieve rehabilitation.

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Present Activities & Programmes :

1. Counselling parents
2. Monthly parents meetings
3. Picnics and cultural activities
4. Special School 'Manochaitanya' with all facilities
5. Vocational training cum production centre - PRASIKSHANA
6. Technical and professional advise from top professionals from NIMH (Advisory committee)

Future plans :

1. Permanent building and land
2. Integrated training school.
3. Independent living programme for mentally handicapped
4. Medical clinic for out-door treatment of mentally handicapped
5. A nursery for training cum production centre for the mentally handicapped.

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- Name & Address of the Organisation** : Parents Association For the Mentally Handicapped Persons (PAMENCAP) T2-48 Power House Colony P.O.Godavarikhani Dt.Karimnagar-505209.
- Date of Estt** : 1987 (Established in 1985)
- Regn.No.** : 473/1987
- Membership categories** : Primary membership
- No.of existing members** : 88
- Eligibility of membership** : Any parent of mentally handicapped child on payment of Rs.25/- as subscription.

Aims & Objectives :

1. To start integrated set up of education to mentally retarded Children
2. To help to the parents in solving their problems connected to their mentally retarded children.
3. To start special school for mentally retarded children from PAMENCAP side.
4. To improve awareness immediately for prevention of mentally retarded cases.
5. To volunteer any kind of services taking with coordination of NIMH and other Governmental bodies.

Present Activities & Programmes :

1. We have established two special schemes consisting of pre-primary and primary classes under integrated education programme by appointing two teachers. 29 children admitted. Successfully running the school in Singareni Collieries Company

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School, Sector-I, Godavari Knani. Trying to recruit one more teacher on day school basis education.

2. One colour TV & VCR Rs.5000/- worm play material procured.

Future plans :

1. To start Vocational skill programme for mentally retarded children in classroom.
2. To obtain Government help for running Special School, etc.

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- Name & Address of the Organisation** : Parents Association for Human Services (PAHS) 201 CROWN APARTMENTS, 12-8-431 & 438, Mettuguda, Secunderabad.
- Date of Estt** : September 1993
- Regn.No.** : 4384/1993
- Membership categories** : Patrons & Life members
- No.of existing members** : 10
- (a) Parent Members** : 4
- (b) Others** : 6
- Eligibility of membership** : Anybody who is 21 years of age with sound mind subscribing to the aims and objectives of the society.

Aims & Objectives :

1. To open educational institutions for the mentally, visually and physically handicapped children and a special unit for cerebral palsied children.
2. To provide good, moderate, sound, scientific method of education for their alround development.
3. To open adult education.
4. To facilitatae those who did not have education in schools on account of the handicappedness and drop-outs from the schools to make them literate.

Present Activities & Programmes

In the process of opening a school for cerebral palsied children with normal intelligesnce for normal education, physiotherapy and

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speech therapy.

Future plans :

- i. To start a special school for mentally retarded
- ii. To open creche and mother's training programme
- iii. To start a rehabilitation centre.

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- Name & Address of the Organisation** : Parents Assn. for the Welfare of the Mentally Handicapped Persons (PAWMENCAP)
- Project** : Md. Mustaq All Hon. Secretary
MANOKRISHI 10-4-771/1/A/5,
Sriramnagar Colony Masab Tank,
Hyderabad-500 028.
- Date of Estt** : 1988 - 1960/88
- Regn.No.** :
- Membership categories** : Members of APAWMR
- No. of existing members** : 33
- (a) Parent Members** : 18
- (b) Others** : 13

Eligibility of membership :

Aims & Objectives :

1. To educate and train mentally retarded persons

Present Activities & Programmes

1. To educate and train mentally retarded persons in the field of self-help, Behaviour modification, Speech therapy, Occupational therapy Socialisation and integrated studies, vocational trg. etc.

Future plans :

1. To open a rehabilitation centre

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- Name & Address of the Organisation** : Parents Association of A.G.'s Office Employees for the welfare of Mentally Handicapped LEKHADEEP Vocational Research centre Gr.No.C-49, A.G.'s Staff Quarters Yousufguda, Hyderabad-500 045.
- Date of Estt** : November 1993
- Regn.No.** : 4811/93
- Membership categories** : 1. Parents 2. Patrons
- No.of existing members** : 30
- (a) Parent Members** : 25
- (b) Others** : 5
- Eligibility of membership** : Children or wards of the serving and retired employees of A.G.'s office who pay an annual subscription of Rs.100 + admission fees of Rs.50/-
- Aims & Objectives** : To bring together the parents of the Aims & Objectives mentally handicapped under oneorganised body to work for the care,training, treatment and rehabilitation of the mentally handicapped children including wards of serving and retired employees of A.G.'s office including the office of Member, Audit Board, A.P.
- Present Activities &** : Started one Vocational training-cum- Programmesproduction centre by name LEKHADEEP w.e.f. March 1994 in A.G.'s Staff Quarters, Yousufguda,

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Hyderabad. 20 mentally handicapped children are rehabilitated and they are engaged in the manufacture of file boards and envelopes for use in Government offices.

Future plans

: Manufacture of Note Books for use of students.

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Name & Address of the Organisation	:	Parents Association of Public Sector Employees for the Welfare of Mentally Handicapped Children (Balanagar) 10-94, Vinayakanagar, HAL, Post Hyderabad - 500 042
Date of Estt	:	1992
Regn.No.	:	
Membership categories	:	Ordinary
No.of existing members	:	40
(a) Parent Members	:	40
(b) Others	:	
Eligibility of membership	:	Residents of in and around Balanagar area

Aims & Objectives :

1. To start and run special school for the welfare of mentally handicapped children
2. To start and run vocational training centre

Present Activities & Programmes

"NIRMAN" organisation

Future Plans :

To start special school for the mentally handicapped children.

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Name & Address of the Organisation	: Surya Kiran Parents Association PAMENCAP 11-3-16, Opp to Thurupu Bhavi, Macherla. Guntur-522 426. A.P.
Date of Estt	: 1992
Regn.No.	: 352/92
Membership categories	: Parents & welwishers
No.of existing members	: 17
(a) Parent Members	: 14
(b) Others	: 3
Eligibility of membership	: Parents & welwishers of mentally retarded Children

Aims & Objectives :

1. To bring the parents under one association of their own to work for the care training, treatment and rehabilitation of the mentally retarded children.
2. To organise welfare activities by starting Special School, Vocational Training Centres/Hostel/Residential facilities, medical help, financial help etc.

Present Activities & Programmes :

1. Special school for mentally retarded (Surya Kiran).
2. Vocational Training in Production Centre (Akshaya).
3. Hostel.

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Future plans :

1. To establish one permanent building, research training centre and a special school for hearing handicapped children.

DELHI

Name & Address of the Organisation : **Association for Advancement and Rehabilitation of Handicapped**
C-II/5, Moti Bagh, New
Delhi-110021.

Date of Estt : 1984

Regn.No. : 14155

Membership categories : Parent members Other members

Aims & Objectives

1. To promote the general welfare of educable mentally handicapped children, regardless of religion caste, creed, sex or socio-economic background in order to integrate them in the normal milieu.
2. To promote public awareness of the needs of the handicapped.
3. To highlight the achievements of the handicapped in various fields by participation in cultural, literacy and other activities and thus achieve special adjustment.
4. To aid and advise the parents in order to coordinate their efforts and resources to the maximum for optimal upbringing of such children.
5. To establish home training programme for the parents/family of the handicapped.
6. To assist and promote the establishment of trusts, centres and institutions etc. devoted in serving and rehabilitating the handicapped.
7. To establish and run schools, centres for education and vocational training of educable mentally handicapped children.
8. To establish and run centres for rehabilitation of such children.
9. To interact with Government and other agencies for training and employment and other agencies for training and employment of

handicapped by the Govt and other institutions.

10. To assist in and/or provide libraries, reading rooms and recreation centres for the handicapped.
11. To establish and run consultancy services free of charges for the benefit of handicapped individuals, including those needing short term intervention.
12. To do all such acts as may be deemed incidental or conducive to those of the Society.
13. All incomes and assets of the Society shall be utilised for promoting its aims and objectives.

Present Activities & Programmes

1. Since 1983 our Association is running the Navjyoti School for mentally deficient children with slow learning capacity. The school gets a Grant-in-aid from the Ministry of Welfare, Government of India.
2. The school is at present located in a rented building with spacious playing ground for children in Mahipalpur on the way to the Indira Gandhi Airport.
3. At present there are over 30 children attending as day scholars in the school. However, necessary facilities have since been built up so that in the current year the number of children can be stepped upto forty or so.
4. Pre-vocational and vocational programmes have been provided in the school for older children. At present six such children are receiving intensive training in specific vocations like fabrication of file covers, ball point pens, electronic items etc so that they become proficient enough to generate some income of their own.

Future plans :

1. As soon as we are able to provide our own buildings on the plot of 1000 sq. mtrs already taken over by us from the D.D.A. in Vasant Kunj, we shall arrange to augment our infrastructure so as to provide schooling of a minimum of 100 children.
2. For the slow learners, the teacher pupil ratio is 1 :6. This is the basic consideration in determining the extent of the infrastructure. There has also to be a stress on programmes relating to improvement in communication faculty pertinently speech, physical fitness, personal development, social interaction, money management and check-ups etc.
3. The Vocational and Pre-vocational programmes would need to be made more broad based with a wider coverage of vocations including a sheltered workshop suited to the needs and potential of different children.
4. An occupational complex will be set up where mentally handicapped adults, mainly our ex-students, will make easily marketable items on a regular basis. All infrastructural facilities will be provided by AAROH and the profits from sale of items will be a regular source of income to them.
5. A diagnostic cum therapeuting and counselling centre will be set up to help parents in early detection of mental handicap in their children and also to provide counselling by experts on a periodical basis for children who because of the severity of their handicap or for other reasons are unable to attend the school as Day Scholars. This should be useful for quite a large number of children. Even in the initial stages over 200 children are expected to avail of the facility during the year.
6. The children attending the school as day scholars will come from widely scattered areas owing to the very limited number of such schools. At present the school has a hired Van for transporting children which is not a satisfactory arrangement. The school may have to go in for the purchase of three new vehicles.

Name & Address of the Organisation	: Secretary Parents Assn for the Welfare of Children with Mental Handicap Genetics Unit, Room No. 113 Dept of Pediatrics Old Operation Theatre Bldg AIIMS, New Delhi-110 029.
Date of Estt	: 1982
Regn.No.	: S/13036
Membership categories	: Patron Member, Life Member,
No.of existing members	: Ordinary Member, Corporate Member 652
(a) Life Members	: 180
(b) Ordinary	: 460
(c) Others	: 12
Eligibility of membership	: Open to all

Aims & Objectives

1. To ensure that children with mental handicap grow in understanding and ability, and contribute to their family and community life.
2. To enable mentally handicapped children to enjoy life and bring happiness to those around them.
3. To provide training facilities so that the mentally handicapped can lead as normal and independent lives as possible.
4. To arrange special educational facilities for mentally retarded children to ensure that they develop and achieve their potential.
5. To organise health care facilities which these children may require.

DELHI

6. To initiate and support research on various aspects of mental handicap.

Present Activities & Programmes :

1. Enable parents of mentally handicapped children to consult with, help and support each other for the welfare of their children.
2. Arrange lectures, discussions and workshops on various aspects of mental handicap.
3. Running Vocational Training Centre (MUSKAAN) for the training and rehabilitation of adults with mental handicap.
4. Established a production centre with the purpose of providing employment to mentally handicapped adults.

Future plans :

1. To organise preschool educational facilities and a day care centre for such children.
2. To establish a centre for providing special education to children and to impart skills of everyday living and training, which will help them to contribute to family and community life.
3. To establish a home-based stimulation and training programme for children with active participation of the parents.
4. To create a comprehensive health care centre for evaluation and management of mentally handicapped children who require such help. Such facilities will include medical check up, genetic counselling, physiotherapy, speech therapy and occupational therapy.
5. To establish a recreation centre so that athletic facilities can be provided to such children.
6. To establish a residential home for such persons who have aging parents/no guardians.

GUJARAT

- Name & Address of the Organisation** : Parents & Guardians Association for Mentally Handicapped Children & Adolescents 15, Kamalnayan Society Post Navjivan Ahmedabad-380 014.
- Date of Estt** : 1984
- Regn.No.** : Guj/1041/Ahmedabad
- Membership categories** : Guardians of mentally retarded Persons
Professionals working in the institutions for mentally retarded persons.
- No.of existing members** : 40
- a) Parent Members : 28
- b) Others : 12
- Eligibility of membership** : by declaration and by recommendation of the members.

Aims & Objectives :

1. To take all possible measures to ensure the continuum of the provision of medical and educational services provided to the community by the B.M.Institute and other Institutes providing similar services.
2. To take all possible steps to improve the quality of these services, and increase the range of these services in the larger interests of the community.
3. To protect the legitimate interests of students as well as the patients receiving education/treatment in the B.M.Institute and other institutions providing similar services.
4. To take legal action, whenever necessary to safeguard the interests of the students/patients of the B.M.Institute and the professional staff of the B.M. Institute and the professional staff of the B.M.Institute and other Institutes, engaged in similar activities.

GUJARAT

5. To apprise the public and large as well as the Government about the problems officiating the working of the B.M.Institute and other institutions engaged in similar activities.
6. To assist the patients belonging to the economically and socially backward communities financially for availing the services provided by the B.M. Institute and other Institutes engaged in similar activities.
7. To take any other action not covered in the objectives.

Present Activities & Programmes :

At present periodical meetings/create friendship, helping each other directly/indirectly, liaison work, participating in drawing/sports/cultural programmes.

Future plans :

Developing present activities and adding many more related activities with NIMH guidance.

GUJARAT

Name & Address of the Organisation	: Society for the Welfare of the Mentally Retarded 5, Krishna Society, Nr.Law College Ellisbridge, Ahmedabad-380 006.
Date of Estt	: 1968
Regn.No.	: Public Trust F.352 Society Regn.No. 270 / Ahmedabad
Membership categories	: Founder Members, Hon.Members, Patrons, Life, Ordinary, Institutional
No.of existing members	: 300
(a) Parent Members	: 275
(b) Others	: 25
Eligibility of membership	: Any Parent, Social workers

Aims & Objectives :

1. To advise and help parents and guardians of the mentally retarded and to foster mutual help.
2. To educate the public about the problems of mental retardation.
3. To help and encourage the formation of such societies in as many places as possible and to give cooperation to existing societies.
4. To gather and disseminate information on mental retardation. To collect books and literature pertaining to this subject and translate english books in Gujarati.
5. To coordinate activities with other associations and charitable institutions which have one of above objectives and aims.

Present Activities & Programmes :

1. Seminars & conferences for parents to impart information and guidance.
2. Cultural programmes, Sports competitions,
3. Picnic of parents & children
4. On the spot painting competitions and exhibitions of these paintings
5. Publication of six monthly "Manasi" & Publication of book pertaining to this subject.
6. Cinema shows
7. Slides for public awareness
8. Start started two rehabilitation centres - "Astha"

Future plans :

1. To open as many Rehabilitation Centres - "Astha" - as possible in different areas of the city.
2. To establish a full fledged workshop with residential facilities to the needy.
3. To provide hostel facilities for mentally handicapped children whose parents would wish to go on tour and keep such children there.

HARYANA

Name & Address of the Organisation	:	Red Cross Parents Association for Welfare of Mentally Handicapped Children Gandhinagar, Rohtak (Haryana)
Date of Estt	:	1993
Regn.No.	:	140/93-94
Membership categories	:	Founder Members Life members Parents of Mentally Handicapped Children and adults, Associated members Institutional members Representative members Honorary members Ordinary members
No.of existing members:		
(a) Parent Members	:	84
(b) Others	:	Nil
Eligibility of membership	:	All sections & classes of people who are citizens of India.

AIMS & OBJECTIVES :

1. For rehabilitation of mentally handicapped children
2. To establish, run, support & maintain school for physical, mental, educational, vocational and moral development of mentally retarded children.
3. To acquire premises from Central Govt of India, Haryana State Govt & any other sources through any of the recognised modes of acquisition for the purpose of school building, workshop and hostel for mentally retarded children and adults.

HARYANA

4. To award scholarships & prizes to mentally handicapped children and adults for improving their economical and vocational status and for general development.
5. To organise conferences, seminars, study groups, workshops.
6. To depute Association's team to visit various Institutions/Associations functioning in the field of mental retardation in India.
7. To arrange and provide such medical & financial aids.
8. To provide kitchenwares to families of mentally retarded individuals.

Present Activities & Programmes :

The association has plans to take up the following issues currently for the welfare of mentally handicapped children :

1. Free Bus Travel facilities in the buses run by State Transport Department.
2. Getting scholarship scheme applicable for the mentally handicapped children.
3. Getting pension scheme applicable for the mentally handicapped children.

Future plans :

1. To establish a sheltered workshop to provide jobs to the mentally handicapped children.
2. To establish a Hostel for the mentally handicapped adults.
3. To look after the mentally handicapped children/adults after the demise of parents and to act as a guardian for such mentally handicapped children/adults & to help in safe guarding their interests.

KARNATAKA

- Name & Address of the Organisation** : Karnataka Parents Association for Mentally Retarded Citizens New No.60 (Old No.16) Grant road, Bangalore-560 001.
- Date of Estt** : December 10, 1978
- Regn.No.** : 83/79-80 dt.26.5.1979
- Membership categories** : Ordinary Membership,
Life Membership
- No.of existing members** : 501
- (a) Parent Members** : 437
- (b) Others** : 64
- Eligibility of membership** : Open only to parents who have child/ children with mental retardation and developmental disability. Every parent couple constitutes one unit with one vote.

Aims & Objectives :

1. To act as a catalyst, promoter and facilitator to ensure the growth of an expanding infrastructure for the welfare of children/persons with mental retardation & developmental disability.

Present Activities & Programmes :

1. Training of teachers in special education : 16th training programme started in June 1994.
2. Training of teachers in Specific Learning Disabilities & Integrated Education : 7th Programme commenced in July 1994.

KARNATAKA

3. Parent Training/Counselling Programme : 2nd Programme commenced in August 1994.
4. Training of instructors in Vocational Training for persons with disability (In collaboration with the Spastics Society of India, Bangalore. 3rd programme started in June, 1994. LD/SLD & IED, Early Intervention,

Other ongoing programmes :

For training of children with autism and their parents : in collaboration with Developmental Centre for Exceptional Children.

Proposed Training Programmes :

Training of Teachers in Down Syndrome : In collaboration with Developmental Centre for Exceptional Children : expected to start during late 1994. Sibling Training/Counselling programme expected to start during Late 1994..

Activities :

Publication of manuals : For Teachers, for parents, on task-analysis, on home-based training for parents in Kannada, autism, specific learning disability, integrated education, pre-school education, glossary of terms, guide-books for teacher trainees, for mothers support groups, and early intervention.

Life Insurance Trusteeship Scheme (LIT Scheme) : A group insurance scheme with LIC which commenced on April 01, 1985. At present 240 parents from all over the state are members. The Government of Karnataka has recently started actively supporting the scheme by sponsoring parents for the LIT Scheme.

Newsletter :

A quarterly newsletter entitled "The Common Cause" in its 14th year of publication. Circulation : 1000. Expected readership : 5000.

Outreach :

To other disability groups. Action on Disability (1987), a movement of persons with disability and their friends, the particular emphasis of the movement being participation and self-advocacy. ABILITIES DAY is celebrated on the last Saturday in July since 1989. The activity for the day is concluded with a COMBINED CONVOCATION, where teachers trained in different areas of disability are awarded certification together.

Vocational Training :

KPA supports parent groups starting and running vocational centres. At present two parent groups are being assisted financially

Leisure Time Activities :

In collaboration with CIVITAN CLUB, a Junior Club for children with Developmental Disability has recently commenced. The inaugural activity was held in March 1994.

For Parents :

Referral for assessments, and other requirements. We have a panel of professionals in the field, who are prepared to provide services on a voluntary basis.

- Placement in schools/institutions
- Referral for genetic counselling
- Financial planning for their wards, formation of trusts etc.

- Home-based help through professionals for the child before full-time school placement.

- A mothers support group for mothers who have a child who is Autistic.

Facilities available :

a library of 1225 titles in different aspects of Special Education etc. In addition a video library of 32 titles, used for training purpose.

A computer, overhead projector, TV and VCR also available for training purpose.

KARNATAKA

Name & Address of the Organisation	: Swa Sahaya Samuchchaya B-4, B.E.M.L.Flats Jayalakshmi puram Mysore-570 012.
Date of Estt	: 1987
Regn.No.	: 3/87-88
Membership categories	: Life Membership Donors General Membership
No.of existing members	: 56
1. Parent members	: (a) Life members : 26 (b) General members : 30
2. Others	: Nil
Eligibility of membership	: Parent of mentally retarded and cerebral palsied children

Aims & Objectives :

1. To conduct regular seminars, workshop and short term courses for parents and teachers of primary schools.
2. To publish in National papers regarding the facilities and opportunities available for upliftment of mentally retarded and cerebral palsied children
3. To avail concessions in train and bus travel to child and parent/attendant travelling for treatment and guidance.
4. To insist all Nursery and Primary Schools to accommodate one special section in their schools for integrated education for educable group.

KARNATAKA

5. To prescribe the syllabus for handicapped children to one language
6. To educate medical practitioners for early detection and guide to the right institutions.
7. To prevent damages to the child during birth by negligence of para medical staff at maternity home and before issue of a birth certificate.
8. To insist on compulsory check-up by competent pediatrician before discharge from maternity home and before issue of a birth certificate.
9. To educate the public through electronic media about early detection of handicapness and guidance.
10. To provide regular full-time treatment/guidance, run clinical special schools, vocational centres and provide parents counsellings at institutions like AIISH, NIMHANS & NIMH etc.
11. To conduct short term courses for parents by institutions like referred above at all district headquarters and to start with Mysore.
12. To provide periodicals which will carry information, guidelines which are useful for parents.

Present Activities & Programmes :

Running two schools, awareness and counselling, conducting summer camps, annual sports for mentally retarded and cerebral palsied children, siblings and parents.

Future plans :

1. Planning for self-help group activity complex, within the area of 300 ft. x 400 ft. with all infrastructure for pre-school, pre-vocational centre, vocational centre, special therapy park, speech therapy centre, physiotherapy centre and behavioural therapy centre.

KARNATAKA

2. Formation of siblings association to improve the relation between handicapped children and siblings.
3. To prepare programmes which can prevent birth of handicapped mentally retarded and cerebral palsied children, to the extent possible.
4. To conduct workshops for parents on rehabilitation of mentally retarded and cerebral palsied children from Rural areas and also to stimulate the rural parents to form self help groups.

KERALA

- Name & Address of the Organisation** : All Kerala Parents Association for the Mentally Retarded, Nalancheru Trivandrum, Kerala.
- Date of Estt** : 1989
- Regn.No.** : 423/89
- Membership categories** : Life members Ordinary members.
- No.of existing members** : 250
- Eligibility of membership** : Parents of mentally retarded persons

Aims & Objectives :

1. For the welfare and growth of mental and physical growth of the mentally handicapped.

Present Activities & Programmes :

1. Providing sports activities
2. Providing facilities for shops run by mentally retarded for making items of

Future plans :

1. To conduct frequent medical camps
2. To establish rehabilitation centre

KERALA

Name & Address of the Organisation	:	Cannanore Parents Association for the Mentally Retarded Sree Ragam (P.O) West Ponniam-670 641 Kerala.
Date of Estt	:	1982
Regn.No.	:	474/1982
Membership categories	:	Annual members & Monthly members
No.of existing members	:	355
1. Parent members	:	346
2. Others	:	9
Eligibility of membership	:	All parents of mentally retarded children

Aims & Objectives :

1. To promote the progressive of education, health, physical and extra curricular activities, giving training for labour to mentally retarded children and work to make aware the society about mentally retarded through parents.

Present Activities & Programmes :

1. Conducted statewide special school art festival.
2. Conducted awareness classes to parents and public at large by appointing specialists in the field of mental retardation.
3. Arranging classes to the health workers of primary health centres etc. by sponsored doctors.
4. Running a special school "Surya Special School, Kadirur, Thalassery (Day care centre)

Future plans :

1. Planning to establish an organisation of State Level Parents Association by including Parent Training Associations of all special schools functioning in the State.
2. Trying to establish a Day Care cum Residential Centre (Residential Facility is only for orphan mentally retarded students).

KERALA

- Name & Address of the Organisation** : State Council for Exceptional Children - A Federation of Parents Association for the Mentally Handicapped - Kerala XLI/2303, Paramara Building, Cochin-682018
- Date of Estt** : 12.10.1994
- Regn.No.** : ER
- Membership categories** :
- No.of existing members** : 10
- (a) Parent Members** : 4
- (b) Others** : 6
- Eligibility of membership** :

Aims & Objectives:

- a) To work for the utmost development of the mentally handicapped persons without any distinction of caste, creed or religion.
- b) To bring awareness among parents of the mentally handicapped and the society at large about the problems faced by mentally handicapped persons.
- c) To represent before the Government, various socio economic matters related to the mentally handicapped persons and their families for finding necessary solutions for the same.
- d) To safe guard human rights and social security for the mentally handicapped.

KERALA

Present Activities & Programmes

- i) Raise funds to manage the activities of the council.
- ii) Acquire various assets including agricultural land, estate etc., for the purpose of generating income for carrying out aims of the Council.
- iii) Constitute and establish grants, scholarships, rewards and prizes for encouragement and development of the mentally handicapped.
- iv) Edit, print, publish and sell books, periodicals, souvenirs and other communication media in furtherance of the objectives of the Council.
- v) Organise and conduct meetings, seminars, conferences, debates etc., for the benefit of the members and other general public.

MADHYA PRADESH

Name & Address of the Organisation	: Parents Association for the Welfare of Mentally Handicapped Children A-82, Padmanabh Nagar Near Rly Corssing, Govindpura, BHOPAL-23.
Date of Estt	: 1989
Regn.No.	: Bhopal H-Div/471/91
Membership categories	: VIP Members, Life Members, Respected Members and Common Members.
No.of existing members	: 150
(a) Parent Members	: 126
(b) Others	: 24
Eligibility of membership	: He/She should be citizen of India. The one who will respect to the norms and laws of the Association. Be of a good moral character. He/She should be above 20 years of age.

Aims & Objectives :

1. To realize and to accept him/her self.
2. To be on good terms with others.
3. To understand out side world.
4. To communicate with others.
5. To know that he/she is useful and want to be so.
6. To look after his/her person.
7. To realize and to live his/her own supernatural dimension.
8. to control his/her body while pursuing health and security.

MADHYA PRADESH

9. To provide meaningful engagement to the mentally retarded child.
10. To teach them vocational skills and provide opportunity to them.
11. Improve living standards feel independent, secured and self confident.
12. Improve self image and self esteem.
13. Facilitate better and meaningful interpersonal interactions.
14. Enable them to interact better with others. Improve frustration tolerance levels.

Present Activities & Programmes :

We provide professional intervention to mentally retarded children. Medical assessment and periodic check-ups are carried out by a panel of pediatricians, neurologists and orthopaedic surgeons. A programme of Physiotherapy, occupational therapy, speech therapy, special education, training in music, art dance, gardening, sports is also imparted. Parents and family counselling and guidance is also provided.

Future plans :

We intend to start from July 1994 a Pre-vocational and Vocational Training Centre to boys and Girls who attain the age of 15 years.

A project in this respect has already been submitted to Madhya Pradesh Government for financial help. We also intend to start in a small size handloom weaving project.

MADHYA PRADESH

Name & Address of the Organisation	:	Parents Association for the Mentally Retarded children, Sneha Sampada Vidyalaya School & Training Centre for Mentally Handicapped Children 32, Bunglow Chowk, Old Guest House Bhilainagar, Sector-8, Durg (M.P.)
Date of Estt	:	1992
Regn.No.	:	1558/93
Membership categories	:	Life membership, General membership Protective members
No.of existing members	:	50
(a) Parent Members	:	25
(b) Others	:	25
Eligibility of membership	:	Should have devotion for working amongthese children and should pay Rs.20/-per month as membership fee.

Aims & Objectives :

- 1. To provide educational and training for self-help opportunities for mentally retarded children.**
- 2. To develop programme suitable for every mentally handicapped child.**
- 3. To implement the programmes developed using appropriate methods and materials.**
- 4. To prepare mentally retarded children for domestic skills, vocational training and integration in the community.**
- 5. To give them jobs in which they can become experts.**

MADHYA PRADESH

6. To give shelter to those children who are neglected by parents or whose parents are no more to look after.

Present Activities & Programmes :

Providing self-help teaching, reading and writing English, Hindi and Maths, Sports activities, music and dance.

Future plans :

Planning to provide permanent shelter to mentally retarded children, and as per the training given to children, we would observe that in what type of work the child shows interest and then put him under that particular work, get him trained and then find him suitable job.

Those children who are burden for parents, our Sanstha will take care of the child by putting him in Ashram run by us and take full care of the child as long as the child survives. Make him feel that it is his home.

To develop psychotherapy centre, counselling centre, and provide homeopathy treatment in the school.

Proposes to provide proper education, training, physiotherapy, medical treatment (Homeo & Naturopathy) Pre-vocational, Vocational training in candle making, handloom weaving, carpentry, chalk making and sewing.

To give suitable jobs to the handicapped persons after receiving proper training in relevant trades.

To develop Ashram in which old people will be kept to look after the children who have lost their parents and or are burden to their brothers and sisters. It will be a unique project in India.

MAHARASHTRA

- Name & Address of the Organisation** : Association of Parents of Mentally Retarded Children, 5A/14, Pareira Nagar, Behind S.T.Workshop Agra Road, Thane (W) 400 601.
- Date of Estt** : 1990
- Regn.No.** : E/12772 Bombay.
- Membership categories** : Ordinary members
Life members
- No.of existing members** : 140
- 1. Parent members** : 130
- 2. Others** : 10
- Eligibility of membership** : Parents of mentally retarded children and selected social workers.

Aims & Objectives :

1. To bring the parents of the mentally retarded under one organisation of their own to work for care, training, treatment and rehabilitation of the mentally retarded.
2. To identify institutions working in the field and to help them to strengthen their programmes so as to become more helpful to the mentally retarded. Also, to support efforts to start new institutions in the field.
3. To work with Government and the people to secure more help for the mentally retarded.
4. To establish a residential complex near Bombay for long term stay of the mentally retarded adults with full facilities for their care, training, treatment and rehabilitation in view of the absence of such services in or around Bombay.

MAHARASHTRA

Present Activities & Programmes :

1. Setting up ADHAR Residential Complex for 60 male and 25 female mentally retarded adults. The construction of the main structures is completed. Admissions are in progress and various services are being arranged and staff appointed.
2. Advocacy of the work for the mentally retarded. Various meetings, circulars are being issued for this purpose.
3. Collection of funds for present commitments and future commitments through appeals for donations and personal meetings with senior executives of Industrial Houses and Major Public Trusts.

Future plans :

1. Community Outreach Programme for four districts of Maharashtra viz. Thane, Raigarh, Ratnagiri and Sindhudurg. Under this programme, an organiser (Trained Social Worker) will be appointed for each district who will identify the families with mentally retarded person by contacting the Educational Institutions, Panchayatiraj Institutions and Social Workers, Community Leaders and other Social Organisations in the Districts. The aim would be to identify the families and organise parents to take up work for the mentally retarded. ADHAR has proved to be a success and it is proposed to relocate the same in these Districts thereby developing the services for the mentally retarded mostly family based and community based.
2. The plan is to set up a separate Home for the mentally retarded women on a separate plot of land little away from ADHAR. The existing structures of ADHAR are to be used for male MR's, even otherwise, a separate independent home for mentally retarded women is a need of the work and hence is being taken up as a future Project.

MAHARASHTRA

Name & Address of the Organisation	: AWMH-PODS (Assn. for the welfare of persons with mental handicap - Parents of Down Syndrome) Hill Road Clinic 102-B, Rizvi Palace, Hill Road, Bandra Bombay-400 050.
Date of Estt	: 1988
Regn.No.	:
Membership categories	: Patron-2, Life-16, Ordinary-25
No.of existing members	: 43
(a) Parent Members	: --
(b) Others	: --
Eligibility of membership	: All parents having a Down's child & any interested professional/individual

Aims & Objectives

1. To offer emotional support, help and information to other parents, so that they function and make decisions in a positive and realistic frame of mind; and to help the family to return to normal functioning as early as possible.
2. To help a Down's child reach his highest potential and become a useful member of society.
3. To promote, develop and improve exchange of knowledge and practical experiences between parents, professionals and research institutions.
4. To build up a library and information centre on Down's Syndrome.
5. To help create a fund/trust for the financial and physical welfare of these children who may be orphaned and in no position to defend for themselves.

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6. To help build an institution for the welfare, training, research and rehabilitation of Down's individuals.

Present Activities & Programmes

1. A monthly meeting, on the first sunday of the month at 4.30 p.m. at Holy Family Hospital, Bandra, Bombay-400 050.
2. Social Get-Togethers about 3 to 4 times a year.
3. Help each other in whatever way possible regarding up- bringing education, sickness of children, family problems and misunderstandings of parents. We call various professionals or parents to speak on various topics involving a Down's individual. So far we have had about 24 meetings.
4. We bring out a bi-monthly Newsletter and 10 issues have come out so far. We encourage our members to contribute articles on their personal experiences.
5. We have just started a new Parents Group in Convent of Jesus & Mary Special School, Byculla and the response there has been encouraging.

Future plans :

- Starting a Group Life Insurance cum Savings Scheme for parents
- Workshop on education for Down's children.

MAHARASHTRA

- Name & Address of the Organisation** : Jai Vakeel Parents Welfare Association C/o. Indotex Export House Pvt Ltd "JASVILLE", Opp. Liberty Cinema 9 Sir Vithaldas Thackersey Road Bombay-400 020.
- Date of Estt** : 2nd June, 1993
- Regn.No.** : 21 of 1860
- Membership categories** : Ordinary membership for parents only
- No.of existing members** : 550
- (a) Parent Members** : 550
- (b) Others** : -
- Eligibility of membership** : Parents of the disabled and mentally retarded children and retired staff.

Aims & Objectives

- (a) The specific purpose of constructing a "Custodial-cum-Special Care Home" for adults and children with mental handicap, by the research society and to build the same.
- (b) To manage, conduct and develop the said 'Dina's Home' as the Governing Body of the Jaw Vakeel Parents' Welfare Association may from time to time think fit.
- (c) To care for, treat, and train the inmates housed in the 'Home' and to provide recreational and vocational/occupational facilities.
- (d) To establish and or to cooperate or join in establishing, throughout India, such 'Homes' for the life-time care and treatment and providing such other facilities, recreational, vocational, occupations, as may be necessary for the total well being.
- (e) To establish or to cooperate or join in carrying out research, establishing clinics, preferable attached to such schools where those children/adults who are mentally retarded may receive

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treatment, medical, surgical, orthopaedic, physio-therapeutic, psychiatric, and otherwise.

- (f) To seek recognition from Governments State and Central for purposes of Grant-in-Aid, and any other help and recognition which the Governments may be able to sanction from time to time within the Government policies prevalent from time to time.
- (g) To form, or take part in the formation of, and to become members of organisations, both in India and outside India, for purpose of carrying out Research and for the care, treatment, training and general welfare of mentally handicapped children.
- (h) to establish centres and other such 'Homes' may receive vocational training and to create job opportunities after training and to carry out research in the areas of training, job opportunities, placement and in the potential for learning and performance of children and adults with mental handicap.
- (i) Generally to maintain touch with and be interested in securing rehabilitation of mentally handicapped children, with particular reference to such a them as have received treatment and training in any Institution.
- (j) to create and stimulate interest in the public through India and other countries, in the problems and care of children with mental handicap persons with mental handicap in general and for that purpose to enlist the services of or to collaborate with institutions and individuals in India as also outside India interested in the problems and the rights of children, adolescents and adults with mental handicap.

Present Activities & Programmes

Building and custodial care, home for the handicapped and mentally retarded people.

MAHARASHTRA

- Name & Address of the Organisation** : **Jai Vakeel Parents Welfare Association C/o. Indotex Export House Pvt Ltd "JASVILLE", Opp. Liberty Cinema 9 Sir Vithaldas Thackersey Road Bombay-400 020.**
- Date of Estt** : 2nd June, 1993
- Regn.No.** : 21 of 1860
- Membership categories** : Ordinary membership for parents only
- No.of existing members** : 550
- (a) Parent Members** : 550
- (b) Others** : -
- Eligibility of membership** : Parents of the disabled and mentally retarded children and retired staff.

Aims & Objectives

- (a) The specific purpose of constructing a "Custodial-cum-Special Care Home" for adults and children with mental handicap, by the research society and to build the same.
- (b) To manage, conduct and develop the said 'Dina's Home' as the Governing Body of the Jaw Vakeel Parents' Welfare Association may from time to time think fit.
- (c) To care for, treat, and train the inmates housed in the 'Home' and to provide recreational and vocational/occupational facilities.
- (d) To establish and or to cooperate or join in establishing, throughout India, such 'Homes' for the life-time care and treatment and providing such other facilities, recreational, vocational, occupations, as may be necessary for the total well being.
- (e) To establish or to cooperate or join in carrying out research, establishing clinics, preferable attached to such schools where those children/adults who are mentally retarded may receive

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treatment, medical, surgical, orthopaedic, physio-therapeutic, psychiatric, and otherwise.

- (f) To seek recognition from Governments State and Central for purposes of Grant-in-Aid, and any other help and recognition which the Governments may be able to sanction from time to time within the Government policies prevalent from time to time.
- (g) To form, or take part in the formation of, and to become members of organisations, both in India and outside India, for purpose of carrying out Research and for the care, treatment, training and general welfare of mentally handicapped children.
- (h) to establish centres and other such 'Homes' may receive vocational training and to create job opportunities after training and to carry out research in the areas of training, job opportunities, placement and in the potential for learning and performance of children and adults with mental handicap.
- (i) Generally to maintain touch with and be interested in securing rehabilitation of mentally handicapped children, with particular reference to such a them as have received treatment and training in any Institution.
- (j) to create and stimulate interest in the public through India and other countries, in the problems and care of children with mental handicap persons with mental handicap in general and for that purpose to enlist the services of or to collaborate with institutions and individuals in India as also outside India interested in the problems and the rights of children, adolescents and adults with mental handicap.

Present Activities & Programmes

Building and custodial care, home for the handicapped and mentally retarded people.

MAHARASHTRA

Future plans :

Building and custodial care, home for the handicapped and mentally retarded people.

MAHARASHTRA

Name & Address of the Organisation	: SWEVKAR, Association of Parents of Mentally Retarded Children 85, RMS Colony Nagpur-440013.
Date of Estt	: 1985 - F5275/MAH/368/85/Nagpur
Regn.No.	:
Membership categories	: Parent Members, Associate Members and Honorary members,
No.of existing members	: 136
(a) Parent Members	: 59
(b) Others	: 77
Eligibility of membership	: Any citizen can become a member

Aims & Objectives

1. To help the mentally retarded to lead a normal life
2. To help the parents and other members of the family of mentally retarded in solving their problems.
3. To establish sheltered vocational centres
4. To establish sheltered homes for the growth of mentally retarded
5. To help the mentally retarded in getting proper technical treatment
6. To promote academic and vocational training
7. To establish special recreational centres
8. To promote study and research about mental retardation and allied subjects.
9. Strive to develop better public understanding regarding mental retardation.

Present Activities & Programmes

1. Eecuting funds for running day-care centres
2. Arranging informative centres for the parents
3. Arranging inter-school competitions
4. Educating members & parents regarding Govt.facilities

Future plans :

1. To construct shelter home for mentally retarded who have no relatives
2. To start research and diagnostic Centre
3. To procure place for above
4. To run a workshop

MAHARASHTRA

Name & Address of the Organisation	: UMED PARIWAR A/7, Advaitanand Society 1221, Sadashiv Peth, Pune - 411 030
Date of Estt	: 1990
Regn.No.	: Bombay Public Trust Act No. F/5934/89 Pune
Membership categories	: General, Special, Life & Patron
No.of existing members	: About 400
Eligibility of membership	: Parents of mentally retarded children and others

Aims & Objectives :

1. To set up Research & Development Centre
2. Rehabilitation
3. Help & guide for proper medical treatment, education and training
4. Establish and conduct educational institutions, training centres, workshops
5. Organise training programmes, workshops, seminars for teacherssocial workers and parents.
6. Set up Industrial training centres
7. Develop Rehabilitation forms
8. Exchange experiences with the institutions set up for mentally Retarded and cerebral palsied children
9. Develop parents association a District and State levels
10. Publish House journals & periodicals

Present Activities & Programmes :

1. Regular meetings to exchange experiences and problems.
2. Holiday 'Day care centres'
3. Lectures from experts and professionals
4. Planning and organisation of state level conferences
5. Publication of useful book-lets

Future plans :

1. Rehabilitation centres
2. Farm projects
3. Infra-structure for education, training, medical facilities and houses for mentally retarded and cerebral palsied children to take care after their parents

MANIPUR

Name & Address of the Organisation	:	Parents Association for the Mentally Handicapped Manipur Keishamthong Top Lane, Imphal-795001.
Date of Estt	:	12th December, 1993
Regn.No.	:	
Membership categories	:	Ordinary/Life/Patron etc.
No.of existing members	:	80
(a) Parent Members	:	72
(b) Others	:	8
Eligibility of membership	:	Parents and guardians of mentally retarded persons and sympathisers

Aims & Objectives

1. To create public awareness for the cause, prevention and rehabilitation of the mentally retarded children by organising literary programmes, seminars, workshops, conferences, training programmes and publications, etc.
2. To organise common platforms at suitable centres to look after the mentally retarded particularly in the far-flung parts and rural areas of the state.
3. To look after the better service conditions of teachers, guardians and parents of the mentally handicapped persons.
4. to make the mentally retarded self sufficient, self reliant and make them worthy citizens of the society.

Present Activities & Programmes

- (a) Group discussions and contacts with relevant agencies for future plans

(b) Organising public awareness programmes.

Future plans :

1. To make the organisation an apex body through representation of members drawn from the different parts of the state.
2. To conduct epidemiological study of mentally retarded persons in the state
3. To establish special schools/rehabilitation centres for various categories of mentally retarded persons in the state.

ORISSA

- Name & Address of the Organisation** : Orissa Association of Parents with Special Children Gr.No.A/2, Sisubhavan Complex Chandini Chowk, Cuttack-753002, Orissa
- Address for correspondence** : Mr.Y.S.Murthy Secretary-cum-Treasurer Orissa Association of Parents with Special Children Dutta Tota, Puri-752002 Orissa
- Date of Estt. & Regn No.** : 1992-19448/62 of 93-94
- Membership categories** : Annual Members, Life Members, Institutional members Patrons
- No.of existing members** : Annual : 65
Life: 3
Institutional : 1
Patrons : nil Total : 69
- (a) Parent Members** : 59
- (b) Others** : 10
- Eligibility of membership** : Membership is open to all the parents of Special Children and all other individuals, professionals, social workers who are actively interested in the aims & objectives of the Association irrespective of caste, creed, religion and sex.

Aims & Objectives :

1. To enlist the already identified special children in Orissa.
2. To identify the unidentified.
3. To create awareness on the handicapped and mental retardation and its allied problems amongst the public and parents.

ORISSA

4. To disseminate information among the parents by sending them leaflets, pamphlets latest developments on the problem, study and management of these special children.
5. To aid, advise and guide the parents with special children and solve the problems confronted by them.
6. To sponsor the children to the nearest identified special school.
7. To look into the welfare of the special children and their allied problems.
8. To start special schools for the special children.
9. To conduct Parent Training Programmes to train the parents on bringing up of the special children.
10. To conduct seminars, meetings and create a forum to discuss and tackle the problems of the parents with the special children.
11. To take up with the Government, Central and States, the matters allied to the welfare of the special children.
12. To organise competitions like paintings, toy-making, games, special olympics etc. which promote the latent talents in these special children.
13. To create a trust and take permanent steps to create a body which takes care of survival of these children after their parents.
14. To maintain a library of special books, journals, periodicals etc. and circulate them among parents even outside its Headquarters by post.
15. To conduct visits to the children in different schools on behalf of different parents who cannot often visit their children.

Present Activities & Programmes :

1. Issue a quarterly News Letter to all members and other listed addresses.

ORISSA

2. Sponsoring parents to parent training programmes.
3. A parents' meet was conducted on 11.9.1993.
4. A workshop on "management of epileptics with mentalretardation was organised on 25.9.93.

Future plans :

To organise parent training programmes, awareness camps, seminars and to bring out suitable literature on mental retardation in Oriya which is the need of the hour.

TAMIL NADU

- Name & Address of the Organisation** : **ARUNOTHAYAM**
Society for the Welfare of the Mentally Handicapped
Pathipanoor-623608, Ramand Dt. Tamil Nadu
- Date of Estt** : 1987
- Regn.No.** : 19/87
- Membership categories** : Governing Council, Governing Body
- No.of existing members** : 20 (07 are Governing Council, 13 are in General Body)
- a) Parent members** : 20
- b) Others** : Nil
- Eligibility of membership** : Parents of mentally retarded children

Aims & Objectives

1. To have a special school for mentally retarded. Total number of children are 62.
2. To have a training and rehabilitation centre

Present Activities & Programmes :

1. Survey early detection, intervention and home based projects
2. Training and education with rehabilitation services

Future plans :

1. To start vocational centre, cover making, mini diary farms
Functioning mini Diary form with 6 adult mentally retarded persons
2. To start a Community Based Rehabilitation Centre. To open a information centre for Handicapped at District Head Quarter.

TAMIL NADU

Name & Address of the Organisation	: Society for Social Security of Retarded Persons, 8 D'Sylva Road, Madras-600 004.
Date of Estt	: 1982
Regn.No.	: 91/1982
Membership categories	: Ordinary, Life, Institutional, Patron Primarily intended for parents but open to others interested in the welfare of the retarded.
No.of existing members	: 102
(a) Parent Members	: 82
(b) Others	: 20
Eligibility of membership	: Open to those interested and desirous of contributing to the objectives of the Society.

Aims & Objectives

1. To promote and execute measures for social security of the retarded persons irrespective of the degree of retardation, caste, creed or community etc.
2. To develop a better public understanding of the needs of retarded persons through mass media, publications etc.
3. To secure for the mentally retarded, the benefit of care, treatment, education, training, fitting their abilities and to develop statutory and voluntary effort on their behalf.
4. To set up hostels, half-way homes and other living facilities for the retarded persons so that they are self sufficient to the largest extent possible.

TAMIL NADU

5. To set up recreational facilities, reading rooms etc. for the retarded persons keeping with their level of interest and furtherance of the same.
6. To assist societies and organisations conducting special educational and special training and employment programmes for the retarded.
7. To publish newsletters and periodicals
8. To form trusteeship schemes
9. To affiliate, associate and cooperate with other associations having objectives altogether or in part similar to those of this society.
10. To solicit funds to accept donations by cash or kind and to acquire property for the accomplishment of the above objectives and also borrow money as may be required.

Present Activities & programmes :

1. Conducting of seminars, etc. for the benefit of the retarded and their parents/guardians.
2. Printing a newsletter in furtherance of the above
3. Conducting a guardianship training programme for the training of near relations of the retarded persons.
4. Coordinating with doctors and surgeons in regard to the treatment of the retarded on concessional or free basis.
5. Forming a trusteeship for the welfare of the retarded.

Future plans :

Establishing a hostel or a half-way home for the mentally retarded.

TRIPURA

- Name & Address of the Organisation** : "SWABALAMBAN", Organised by All Tripura Scheduled Castes, Tribes, Minority Upliftment Council, Ramnagar Road, No.1, Agartala, P.O.Ramnagar, Tripura (W) - 799002.
- Date of Estt** : 26 January, 1988 •
- Regn.No.** : 1947 under 1860 Act
- Membership categories** : Life Members, General Members
- No.of existing members** : 27 Nos.
- (a) Parent Members** : 19 nos.
- (b) Others** : 08 Nos.
- Eligibility of membership** : Parents of mentally retarded children and those are related with social works for at least last 5 years.

Aims & Objectives

To make overall development of mentally retarded persons so that they may rehabilitate themselves in the society economically/educationally.

Present Activities & Programmes

The organisation is running following activities at present :

1. Special school for mentally retarded children.
2. Training-cum-production centre

The organisation has following future plans :

Future Plans

1. To establish a club for their entertainment with the facilities of songs & music, radio, T.V. Video Programmes, Cultural Programmes & sports, etc.
2. To continue awareness generating programmes for their self-employment.
3. To maintain liason with all the Government, non-Government and private sector organisations.
4. To engage 50% Group-D staff for the organisation as per vacancy from the mentally retarded persons.

UTTAR PRADESH

Name & Address of the Organisation : **Uttar Pradesh Parents Association for the welfare of Mentally Handicapped Citizens, B-1/42, Sector-K, Aliganj, Lucknow-226020.**

Date of Estt : 1988

Regn.No. : 4498

Membership categories :

a) Ordinary Member:

Entry will be restricted to parents having mentally retarded offspring. Where parents are not available the lawful guardian of the mentally retarded offspring may be admitted as a member.

b) Life Member :

Rules and regulations shall be the same as for ordinary member except that on payment of Rs.501/- further membership fee will not be paid. The membership will be ceased on the death of both the parents.

c) Donor Members :

Any person over 21 years of age would be eligible to become a donor member on payment of a minimum of Rs.1001/-.

d) Corporate Member :

Any registered corporate body interested in the objectives of Association may apply for the membership on payment of Rs.501/-

e) Patron Member :

Patron member will be involved to become member of Association without payment of any membership fee.

No.of existing members : 75

a) Parent Members : 73

b) Others : 2

Eligibility of membership : as explained in Sl.No.3.

UTTAR PRADESH

Aims & Objectives :

1. To promote the general welfare of mentally retarded in the State of Uttar Pradesh regardless of the degree of handicap, regardless of caste, creed or community etc.
2. To develop better understanding of the needs of retarded citizens through mass-media, publication etc.
3. To secure for mentally retarded citizens the benefit of care and treatment appropriate to their disability, education and training and to encourage the development of statutory and voluntary efforts on their behalf.
4. To advise and aid parents in the solution of their problems and to coordinate their efforts and activities.
5. To facilitate training programmes for the parents of mentally retarded persons.
6. To assist in organising, training and employment centres for the retarded of all ages.
7. To assist in providing libraries, play and recreational centres.
8. to serve as an information bureau for the collection, compilation and dissemination of information relative to the welfare of mentally retarded.
9. To organise symposiums, seminars, conferences and exhibitions both regional and on all India basis.
10. To publish news letters, periodicals, booklets, for the benefit of the retarded and their parents.

UTTAR PRADESH

Present Activities & Programmes :

1. To hold training programmes for the parents of mentally handicapped children from time to time. During the last three years we have held 3 parents training programmes, one at Gorakhpur and two at Lucknow.
2. To advise and aid parents in the solution of their problems and to coordinate their efforts and activities. For the present we have formed a self-help group wherein discussions take place amongst ourselves about the activities of our own offspring and with the help of special educated and other experts an attempt is made to solve the behaviour and vocational problems of the mentally handicapped citizens.
3. We are also running a vocational training centre for the mentally handicapped citizens by name 'Asha Jyoti' where 27 mentally handicapped citizens are being training for a vocation. The vocation is handloom weaving, sewing, stitching, embroidery and preparation of laundry bags, kitchen aprons, dusters, swabs and cloth on the handlooms as also Bari, Moongori, Potato chips, syrups like Rose, Khas, Orange etc. Tomato Ketch-up and sauce and seasonal activities like preparation of Rakhi, electric Jhalars during Dewali etc. All the products manufactured by our citizens are marketed locally and payment is made in the form of wages to these citizens on the basis of work done for which dally account is maintained.

Future plans :

We are proposing to extend the activity by adding a few more items like file making, candle making, etc. and are also proposing to run a hostel for the up country children as no hostel facilities are available even for the children from the metropolitan areas like Agra, Allahabad, Kanpur, Varanasi etc. where there are large number of mentally handicapped children and citizens and there are no schools or vocational training centres for such children/citizens.

WEST BENGAL

- Name & Address of the Organisation** : Association for the Intellectually Disabled 98 N, Block E, New Airport, Calcutta-700 053.
- Date of Estt** : 1986
- Regn.No.** : S/528/9
- Membership categories** : Full members (Parents)
Associate Member (Others)
Life members,
Patrons
- No.of existing members** : 32
- Eligibility of membership** : Parents of mentally handicapped child for full membership. Interested persons for Associate membership

Aims & Objectives :

1. To function as a support group/
2. To increase public awareness
3. To promote sharing of knowledge and information exchange programmes.
4. To act as a pressure group in legislation making.

Present Activities & Programmes :

1. Get togethers
2. Seminars
3. Outings/visits/picnics
4. Integrated evenings for children

WEST BENGAL

5. Volunteer induction

Future plans :

Special centre for the mentally handicapped persons.

WEST BENGAL

Name & Address of the Organisation	: Behala Bikasan 51/1, Jagat Roy Chowdhury Road, Calcutta-700 008.
Date of Estt	: 1987
Regn.No.	: s/69904 of 1991-92
Membership categories	: —
No.of existing members	: 14
(a) Parent Members	: 11
(b) Others	: 3
Eligibility of membership	: Any person agreeable to abide by the rules, regulations and bye-laws of the Society are eligible to become members.

Aims & Objectives

1. To establish and maintain schools, training centres and workshops for disabled persons.
2. To establish homes, residential complex and other facilities for the disabled and handicapped.
3. To establish and maintain treatment centres, workshop, production centres which help poor people.
4. To undertake various welfare activities for the benefit of the disabled people.

Present Activities & Programmes

1. The Society is running a school-cum-training centre for the mentally retarded children.

WEST BENGAL

Future plans :

1. To expand society's activities by acquiring a premises of its own and establish a home for the mentally retarded children.

WEST BENGAL

Name & Address of the Organisation	· BODHAYAN Association of Parents of Persons with Mental Retardation, 109B, Block F, New Alipore-700 053.
Date of Estt	: 1988- 89
Regn.No.	: S/59887 of 1988-89
Membership categories	: Parent Members Promoter Members Patron Members
No.of existing members	: 50
Eligibility of membership	: Members - Parents Promoters - Interested Professionals Patrons - Reputed persons or those who pay Rs.5000/-

Aims & Objectives :

1. To propagate the principles and rules of working with the persons with mental retardation and thus build up a strong community give rise to Organisation.
2. To promote various field of activity in the sphere of sports, culture, economic rehabilitation.

Present Activities and Programmes :

1. Operation of two play clinics every Saturday between 4 pm and 7 pm.
2. Sports for the mentally handicapped.

Open Hearts Sports Meet - Annual sports organised by BODHAYAN 1991,92,93.

Special Olympics - BODHAYAN as a member in the organising committee.

WEST BENGAL

3. Organising Programmes for integration : Interschool cultural programme held in 1993 is planned to be held annually. Participating Institutions stage a 20 minutes cultural programme with parents, teachers, and social workers and mentally handicapped children, performing together.
4. Increasing parents involvement through social participation along with children.

Future plans :

1. To form trust body to look after mentally retarded children after the death of the parents.
2. To increase active participating of members in every field.

**ADDRESSES OF OTHER PARENT ORGANISATIONS
WHO HAVE NOT FURNISHED THE DETAILS**

1. **AMEYA PALAK SNGHTANA**
3 Jai Anant Cooperative Hsg. Society
Near Suyog Mangal
Karyalaya
Domivili (East) - 421 201.

2. **SIKSHANA**
Parent Association for the Welfare of Adult
with Mental Retardation
VRC, ATI Capmus,
Vidyanagar, Hyderabad - 500 007.

3. **PARENTS ASSOCIATION FOR THE
MENTALLY HANDICAPPED,**
Fertilizer Cooperation of India Ltd.,
Fertilizer City,
Ramagundam - 505 210.

4. **VIVEK, SOCIETY FOR THE WELFARE OF THE MENTALLY HANDICAPPED**
5 CHA-9, Jawahar Nagar,
Jaipur - 302 004.
Rajasthan.

5. **INDIAN PARENTS GUILD TRUST**
8, Sri Devi Colony,
7th Avenue
Madras - 600 083.
TAMIL NADU.

6. **SOCIETY FOR REHABILITATION OF SPASTICS CHILDREN,**
Ch. Chhung Building,
Saron Veng
Aizwal - 796 001
Mizoram.